

Fast Fact

A GLANCE AT TRENDS IN OUR SOCIETY

What are you worth?

The U.S. Bureau of Chemistry and Soils invested many hard-earned tax dollars to calculate the chemical and mineral composition of the human body, which breaks down as follows:

65%	Oxygen
18%	Carbon
10%	Hydrogen
3%	Nitrogen
1.5%	Calcium
1%	Phosphorous
0.35%	Potassium
0.25%	Sulfur
0.15%	Chlorine
0.15%	Sodium
0.05%	Magnesium
0.0004%	Iron
0.00004%	Iodine



Our bodies also contain trace quantities of fluorine, silicon, manganese, zinc, copper, aluminum, and arsenic. The combined dollar value of these items is less than one dollar!

Our most valuable asset is our skin. The average person is the proud owner of fourteen to eighteen square feet of skin. Based on the selling price of cowhide, which is approximately \$.25 per square foot, the value of an average person's skin is about \$3.50.

When we total the monetary value of the elements in our bodies and the value of the average person's skin, we arrive at a net worth of \$4.50!

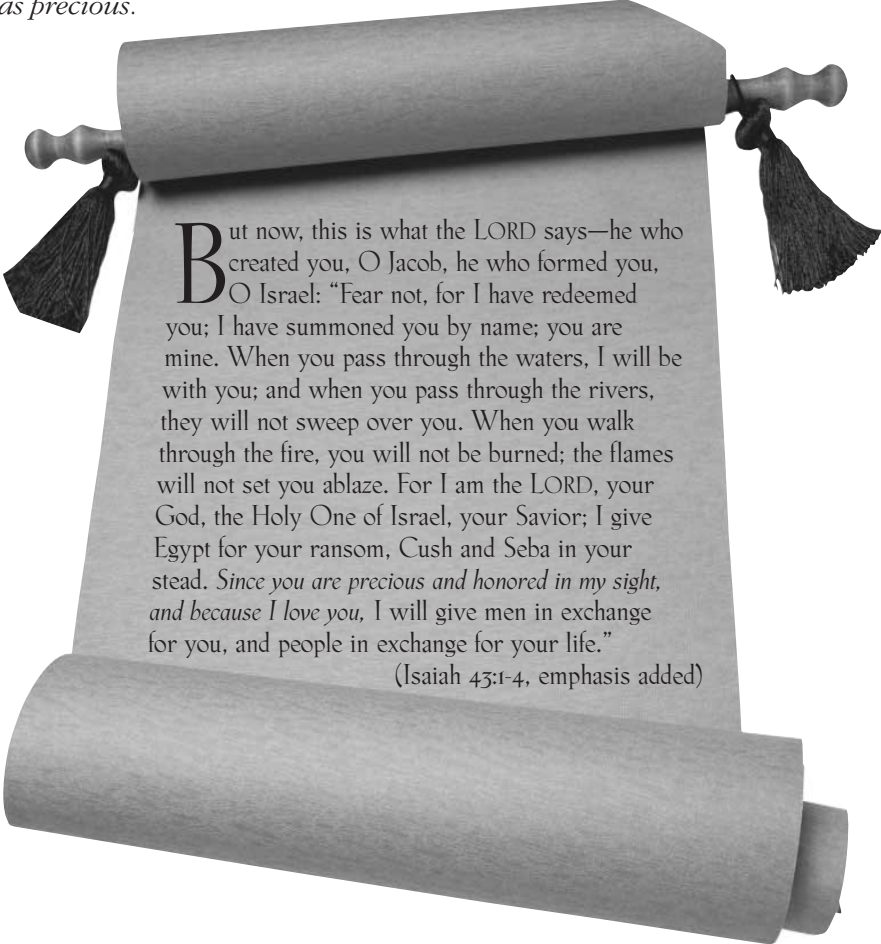
Fortunately, in God's eyes we have a higher value than the collective value of our chemical composition. On the following page you'll find a reminder of how valuable you *really* are.

NavTools

HELPING YOU RESPOND BIBLICALLY TO TRENDS IN SOCIETY

What are you *really* worth?

We know that our true worth isn't based on our physical or chemical make-up. It's also not based on our abilities, our contributions to God's Kingdom, or even our character. We have worth *because God sees us as precious*.



But now, this is what the LORD says—he who created you, O Jacob, he who formed you, O Israel: “Fear not, for I have redeemed you; I have summoned you by name; you are mine. When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze. For I am the LORD, your God, the Holy One of Israel, your Savior; I give Egypt for your ransom, Cush and Seba in your stead. *Since you are precious and honored in my sight, and because I love you, I will give men in exchange for you, and people in exchange for your life.*”

(Isaiah 43:1-4, emphasis added)

Think of one person who could really benefit from being reminded that his or her value in God's eyes is not dependent upon performance. Share the verses above with that person this week.